

Newtown Prevention Council

Member Organizations

Education Connection

MCCA

New Hope Community Church

Newtown Bee

Newtown Health District

Newtown Parent Connection

Newtown Parks and Recreation

Newtown Police Department

Newtown Public Schools

Newtown Social Services

Newtown Visiting Nurses Association

Newtown Youth & Family Services

Town of Newtown

Newtown Prevention Council



The Community Resource Guide

The Community Resource Guide is a resource brochure for Drug and Alcohol Rehabilitation Services developed for the families of Newtown by the Newtown Prevention Council.

Recovery from drug and alcohol problems can seem overwhelming for both adolescents and their families. This brochure contains information and resources that can help empower people to make positive changes in their lives.

This brochure is not just for emergencies. It also contains valuable information which may be useful in everyday situations.

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The following services and programs are offered by member organizations of the Newtown Prevention Council:

Newtown Parent Connection

Hope and Support Group
Grand's Place
Bereavement Group
Sibling Support Group
Parent University
Resource Lending Library
Parent forums and workshops

Newtown Police Department

DARE
School Resource Officer Program
Student Police Academy
Citizen Police Academy
Toys for Tots
Child Safety Seat Program
Animal Control Unit
K-9 Unit
Commercial Truck Enforcement
Special Olympics Torch Run
TRIAD
Neighborhood Watch Units
Crime Prevention Unit
Tobacco and Alcohol Enforcement
Juvenile Review Board
Internet Safety

Newtown Prevention Council

Strengthening Families Program
Peer Mentoring
Peer Mediation
Rock & Roll Middle School
Gr8 Chefs

Newtown Youth & Family Services

Gym Time
SibShop
Children of Divorce
Mommy & Me
Women Empowering Women
NMS Homework Club
RIS Homework Club
Drop-In Center
Yoga Mania
Youth Advisory Board (YAB)
NYCAAP (Newtown Youth Creating AIDS Awareness for Peers)
Job Bank
Interview Skills for Youth
NAMI*
Alateen*
Autism Group*
Reality Bites*
Independent Living Day
Talent Show
**denotes programs that are hosted by NYFS*

Visiting Nurses Association

Free Flu Clinic
Blood Cholesterol Screening
Blood Pressure Screening
Audio/Hearing Testing
Pre-School Eye Screening
Free Skin Cancer Screening
Home Helpers Program
Homemakers

APT Foundation

Alpha House
425 Grant Street
Bridgeport, CT 01160
(203) 337-9943

This is a residential long-term treatment service (more than 30 days) for adolescents. Fee: Self-payment, Medicaid, Medicare, private insurance. Spanish speaking.

Bridges

949 Bridgeport Avenue
Milford, CT 06460
(203) 878-6365

This is an outpatient treatment service with a mix of mental health and substance abuse services. This program serves adolescents and persons with co-occurring mental health issues. Fee: Self payment, Medicaid, Medicare and private insurance. Sliding fee scale based on income and other assessments

Positive Directions

420 Post Road West
Westport, CT 06880
(203)227-7644

This is an outpatient substance abuse treatment program serving adolescents, DUI/DWI offenders. Fee: Self payment, private health insurance. Sliding fee scale based on income and other assessments.

Data has shown that people high on marijuana show the same lack of coordination on standard “drunk driver” tests as do people who have had too much to drink.

Newtown Resources**Newtown School System*****High School:***

Guidance Dept.
12 Berkshire Road
Sandy Hook, Ct 06482
(203) 426-7651

School Psychologist: Jennifer Hoag, Ph.D.; Tom Brant
Social Worker: Susanne Tyler
Substance Abuse Counselor: Martha Shilstone
School Nurse: Dee Cupole

Middle School:

Guidance Dept.
11 Queen Street
Newtown, CT 06470
(203) 426-7645

School Psychologist: Robert Rousseau
Social Worker: Christen Cowden
Substance Abuse Counselor: Martha Shilstone

Newtown Public Schools

District Health Coordinator: Judy Blanchard, MS CPP
(203) 426-2798
blanchardj@newtown.k12.ct.us

Newtown Prevention Council

17 Church Hill Road
Newtown, CT 06470
(203) 270-4335

Beth Agen, co-chair
bagen@newtownyouthandfamilyservices.org
Joan Piscitelli, co-chair
jpiscit749@aim.com

Newtown Prevention Council is committed to building a coalition of community members working toward a safe and substance free town.

Newtown Parent Connection

115 Mount Pleasant Road
Newtown, CT 06470
(203) 270-1600

Dorrie Carolan, Co-founder
Donna DeLuca, Co-founder
<http://www.newtownparentconnecton.org>

The mission of the Newtown Parent Connection is to educate and empower our community in the prevention of substance abuse and to embrace families in crisis. Their goal is to continue to work in conjunction with town agencies, the police department, the schools, and religious communities to enlighten our community in order to prevent the use of drugs and alcohol among our youth.

Newtown Social Services

3 Main Street
Newtown, CT 06470
(203) 270-4330

Ann Piccini, Director
ann.piccini@newtown-ct.gov

Information and referral to local and statewide substance abuse services. Help with applications for general, financial and medical assistance to people without resources to meet basic needs or pay for medical (including substance abuse) treatment.

Newtown Police Department

3 Main Street
Newtown, CT 06470
Emergency Phone Number - 911
Routine Phone Number - (203) 426-5841
Chief's Office - (203) 270-4256
Captain's Office - (203) 270-4233
Detective Division - (203) 270-4236
High School SRO - (203) 270-4227
Middle School SRO - (203) 270-4238
Youth Officer - (203) 270-4239
School Safety Hotline* - (203) 270-4357
TIP Line - (203) 270-8888 (*answering machine*)

*This line is manned 24 hours a day and is neither recorded nor equipped with caller id features

Four Winds Hospitals, Westchester

Four Winds offer the following outpatient services:

Child Partial Hospitalization Program
(800) 528-6624, ext. 2200

Ages 5-12. An intensive structured outpatient treatment alternative to inpatient care. Services include 24 hour crisis intervention and an on-site school. Family participation encouraged in treatment.

Adolescent Partial Hospitalization Program
(800) 528-6624, ext. 2200

Ages 13-17. An intensive structured outpatient treatment alternative to inpatient care. Services include a 24-hour crisis intervention and an on-site school. Family participation encouraged in treatment.

Adult Partial Hospitalization Program
(800) 528-6624, ext. 2200

An intensive structured outpatient treatment alternative to inpatient care for those individuals 18 years of age and older. Services include 24 -hour crisis intervention, flexible full or half-day scheduling, specialized treatment tracks and individual case management.

Consultation and Evaluation Services
800 Cross River Road
Katonah, NY 10536
(914) 763-8151

Regional Network of Programs, Inc.

Monroe Builds Communication
1014 Monroe Turnpike
Bridgeport, CT 06610
(203) 452-5823, ext. 266

Provides substance abuse treatment on an outpatient basis serving adolescents. Fee: Self-payment and payment assistance.

Private, nonprofit agency that provides substance abuse treatment services on an outpatient basis. Special program/groups for persons with HIV/AIDS, seniors/older adults. Fee: Self payment, Medicaid, Medicare, Private insurance.

Danbury Hospital Center for Child and Adolescent Treatment Services

152 West Street
Danbury, CT 06810
(203) 830-6082

The Center for Child and Adolescent Treatment Services (CCATS) offers a range of intensive community-based programs which provide psychiatric and chemical dependency services to children and adolescents who may require intensive, structured outpatient psychiatric and/or chemical dependency services; transition from inpatient psychiatric setting, residential treatment facility or inpatient rehabilitation; intensive aftercare for chemically dependent adolescents completing inpatient rehabilitation; treatment of emotional and behavioral difficulties in chemically dependent adolescents; extended day treatment, as an alternative to 24-hour care.

Silver Hill Hospital

208 Valley Road
New Canaan, CT 06840
(800) 899-HILL(4455)
(800) 899-4455 - Hotline

SHH offers treatment for a full range of psychiatric and chemical dependency disorders: acute care unit; adult and geriatric psychiatric services; adolescent treatment options; 12-step chemical dependency/dual diagnosis program; eating disorders treatment; partial hospital, intensive outpatient, outpatient and behavioral services; ambulatory.

Pivot Ministries

17 Quintard Avenue
Norwalk, CT 06851
(203) 838-7685

Pivot Ministries is a Christ centered, Bible based ministry which treats addiction as a spiritual problem and yields life-changing results once this spiritual dimension is addressed.

Newtown Youth & Family Services

17 Church Hill Road | 121 Mount Pleasant Road
Newtown, CT. 06470

Tel: (203) 270-4335 - positive asset development programs
(203) 426-8103 - behavioral health programs

Fax: (203)270-4338

Beth Agen, Executive Director

bagen@newtownyouthandfamilyservices.org

Judy O'Callaghan, LMFT, LADC, CCDP, Clinical & Substance Abuse Director

jocallaghan@newtownyouthandfamilyservices.org

- Outpatient Substance Abuse Treatment.
- CHAOS: Choosing Healthy Alternatives Over Substances, support group for adolescents
- Alateen
- Coming soon (March 2009) Suboxone treatment for opiate dependence

We provide outpatient individual, couple and family counseling and substance abuse treatment services. In addition, we offer prevention initiatives, after school, evening and weekend programs and support groups to promote individual and community wellness.

Newtown Parks & Recreation

45 Main Street
Newtown, CT 06470
(203) 270-4342

Amy Mangold, Director

amy.mangold@newtown-ct.gov

Our mission is to create quality recreation and leisure opportunities, strengthening the community through people, parks and programs.

In 2007, 18.6 million persons aged 12 or older were classified with dependence on or abuse of alcohol.

Newtown Health District

31 Peck's Lane
 Newtown, CT 06470
 Donna Culbert, MPH, Director
 Phone (203)270-4291
 Fax (203)270-1528
 email: newtownhd@earthlink.net

Kevin's Community Center

31 Peck's Lane
 Newtown, CT 06470
 (203) 426-0496
 Our mission is to provide free health care for residents over the age of 16 who are uninsured or under insured and have limited financial resources.

Newtown VNA

45 Main Street
 Newtown, CT 06470
 (203) 270-4377
 Anna Wiedemann
 Newtown VNA offers free health screenings, including free flu clinics, blood cholesterol and blood pressure screenings, audio/hearing testing, pre-school eye screening, and free skin cancer screening. The Home Helpers Program provides home health aides to assist individuals with hands-on personal care. Homemakers are available to help with light housekeeping chores.

Each year, students spend \$5.5 billion on alcohol, more than they spend on soft drinks, tea, milk, juice, coffee, or books combined.

Church Hill Road, Newtown, CT 06470. Please check for most current schedule. An Alateen group meets on Tuesdays at Newtown Youth & Family Services.

Alcoholics Anonymous

203-825-5410 or 860-354-9843
 website: www.ct-aa.org

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. Meetings are held at United Methodist Church, Trinity Episcopal Church and St. Rose Education Center and the Senior Center. Please check for most current schedule.

Crisis Service Hotline – Danbury Hospital

1-203-739-7007
 1-888-447-3339

Narcotics Anonymous

1-800-627-3543
 Narcotics Anonymous holds weekly meetings. Schedule published in the Newtown Bee.

Housatonic Valley Coalition Against Substance Abuse (HVCASA)

69 Stony Hill Road
 Bethel, CT 06801
 (203) 743–7741
 Allison Fulton
 hvcasa@ctprevention.com

The Housatonic Valley Coalition is a public/private partnership of people united in their commitment to prevent or reduce the incidence of alcohol, tobacco and other drug use in Midwestern Connecticut.

Morris Foundation, Inc.

402 East Main Street
Waterbury, CT 06702
(800) 721-1230
(203) 755-1143

This is an outpatient, detoxification and partial hospitalization/day treatment program focusing on persons with mental health and substance abuse issues. Fee: Self payment, Medicaid, private health insurance. Sliding fee scale based on income and other assessments. Services available for ASL or other assistance for hearing impaired.

Arms Acres, Inc.

75 Seminary Hill Road
Carmel, NY 10512
(845) 225-3400

This is a residential short-term (30 days or less) treatment, detoxification and outpatient substance abuse treatment program. Fee: Self-payment, Medicaid, Medicare and private insurance. Sliding fee scale based on income and other assessments. Services available for ASL or other assistance for hearing impaired.

SUPPORT & INFORMATIONAL RESOURCES***211 Connecticut Infoline***

Provides information and comprehensive listings of services available in the State of Connecticut, including substance abuse and mental health.

Al-Anon/Alateen

1-888-8AL-ANON / 1-888-825-2666
website: www.ct-al-anon.org

AL-ANON (and ALATEEN for younger members) is a worldwide organization that offers a program of help and mutual support for families and friends of someone with a drinking problem whether or not the person with a drinking problem seeks help or even recognizes the existence of a drinking problem.

A Newtown Al-Anon group meets at St. Rose Education Center, 38

OUTPATIENT & INPATIENT RESOURCES***FSW, Inc.***

475 Clinton Avenue
Bridgeport, CT 06605
(203) 368-4291 | fax: (203) 368-1239

Individual counseling, family counseling support groups, special groups and workshops on various issues including substance abuse. Payment is sliding scale, 3rd party or Medicaid/town welfare.

Wheeler Clinic

91 Northwest Drive
Plainville, CT 06062
(860) 793-3500

A multi-service behavioral health agency providing outpatient and intensive mental health services, substance abuse, special education, crisis intervention, advocacy, foster care, early childhood development, judicial support services, community education and prevention programs throughout Central Connecticut. A full continuum of mental health services for children, adolescents, adults and families features multi-disciplinary and multi-cultural staff representing all major clinical disciplines.

Connecticut Communities for Drug-Free Youth, Inc.

83 East Avenue Suite 106
Norwalk, CT 06851
(203) 838-3224
(800) 422-3234

CCDFY, Inc. was founded in 1983 as a non-profit statewide alliance of task forces, parent groups, agencies, and concerned individuals. We maintain an office with a resource and education center and a lending library in Norwalk, CT.

Over 15 million Americans are dependent on alcohol. 500,000 are between the age of 9 and 12.

LMG/Youth Options

Is a substance abuse prevention and treatment program providing individual, family and group therapy to at-risk youth and their family members. Our team of caring professionals work throughout the community to educate children and their families about the effects of drugs and alcohol. Serving Greenwich, Darien, Stamford.
(203) 851-2077
Www.liberationprograms.org

MCCA (Midwestern Connecticut Council on Alcoholism)

38 Old Ridgebury Road
Danbury, CT 06810
(877) 874-6222
(203) 792- 4515

Alcohol, Substance Abuse and Gambling treatment. Eligibility: Addiction to alcohol, any substance or gambling.

Set fees, but most insurances are accepted, as well as SAGA. Talk to intake counselor regarding fee structure.

Alcohol, Substance abuse and gambling treatment includes interventions, evaluations, detoxification, residential services, intensive outpatient counseling, long-term care, Women's Program, Latino Outreach Program, Adolescent Residential Treatment Program Prevention Program, Co-Occurring Disorder treatment and much more. AA and NA meetings on-site program participants. Also located in Ridgefield, New Milford and Middlebury

New Hope Manor

48 Hartford Road
Manchester, CT 06040
(860) 643-2701

This is a community-based outreach and prevention program that offers counseling and educational programs for the prevention and intervention of drug and alcohol abuse. Services include after-school drug education recreation programs for youth, support groups, parent training groups, community outreach, substance abuse evaluations, and aftercare counseling.

Institute of Living

200 Retreat Avenue
Hartford, CT 06106
(860) 545-7200
(800) 673-2411

Alcohol and drug abuse; outpatients partial hospitalization programs for adolescents and adults. Adolescent program is after school. AA and NA meetings on-site program participants.

Griffin Hospital

130 Division Street
Derby, CT 06418
(203) 735-7421
(800) 354-3094

Substance abuse treatment services and detoxification. Provides hospital in-patient, outpatient, partial hospitalization/day treatment. Special services for persons with co-occurring mental and substance abuse. Fee: Accepts self-payment, Medicaid, Medicare, private insurance. Sliding fee scale based on income and other assessments.

Hall Brooke Behavioral Health Services

47 Long Lots Road
Westport, CT 06880
(203) 341-4539
(800) LIFE-NOW

This is a hospital inpatient, outpatient, partial hospitalization/day treatment program focusing on persons with co-occurring mental health and substance abuse issues. Fee: Self payment, Medicaid, Medicare, private insurance.

Killing nearly 100,000 Americans every year, alcohol is the third leading cause of preventable death.